

Terrah Bennett Smith

Award Winning

Actress, Director, Producer, Writer
&
Host

I AM NO LONGER OKAY WITH LIVING OUT THE BLUEPRINT DESIGNED FROM MY PAST.

I AM NO LONGER OKAY WITH PLAYING MYSELF SMALL.

WHAT AM I?

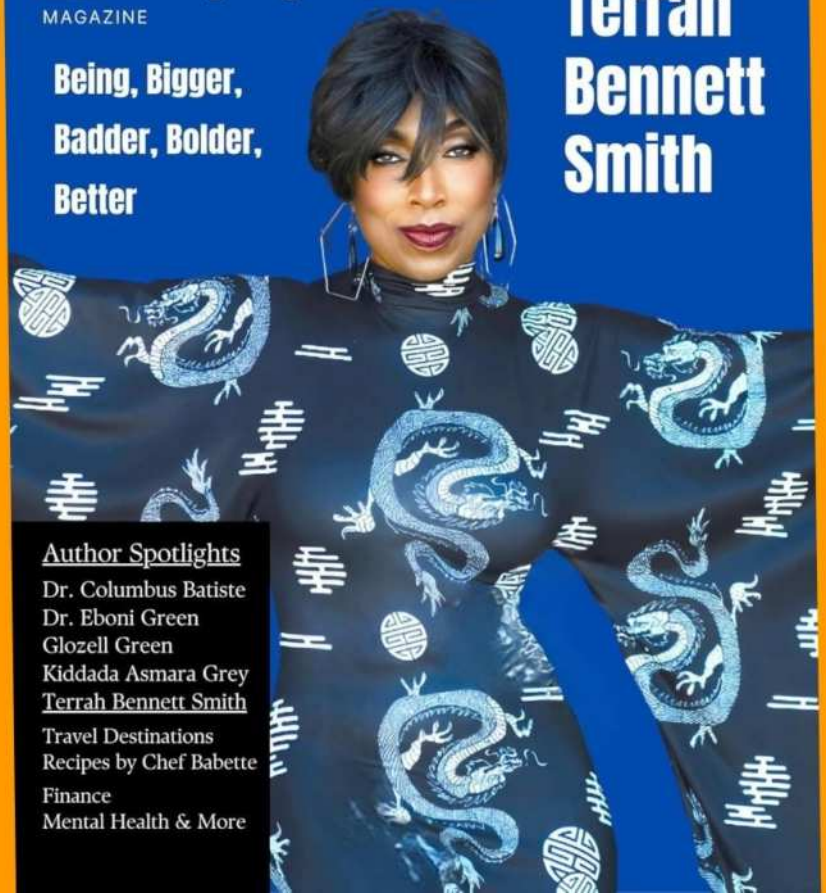
I am someone who decided to redesign her blueprint, and rewrite the script *SHE* wanted to live.



BWA®
MAGAZINE

Terrah Bennett Smith

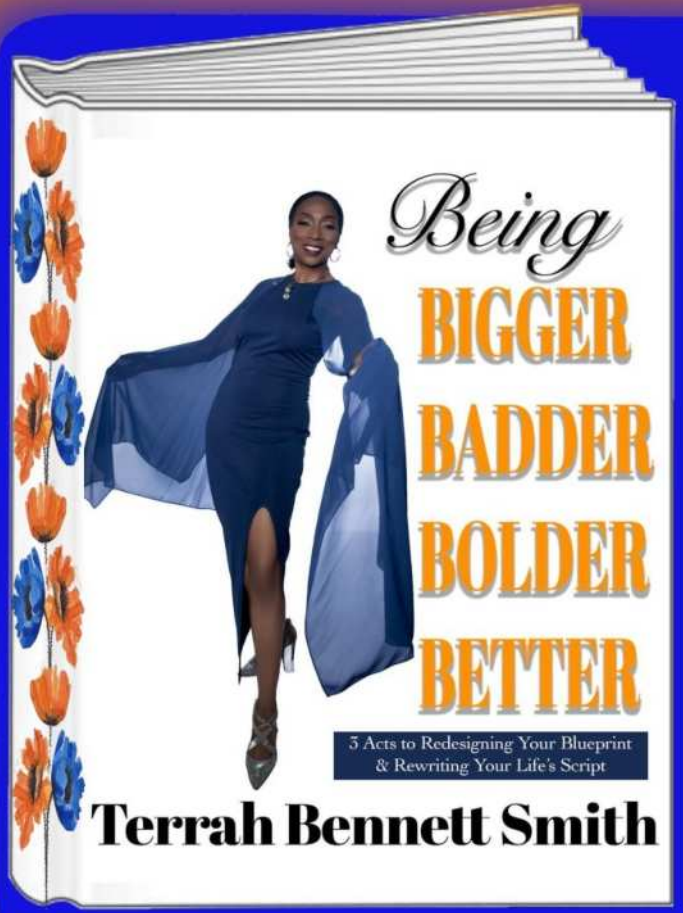
Being, Bigger, Badder, Bolder, Better



Author Spotlights
Dr. Columbus Batiste
Dr. Eboni Green
Glozell Green
Kiddada Asmara Grey
Terrah Bennett Smith
Travel Destinations
Recipes by Chef Babette
Finance
Mental Health & More



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I've had the opportunity to speak and facilitate workshops for men & women both young and old. One of the most common points of discussion is about my journey as a multi-hyphenate, and how I was able to make shifts in my life. Especially in an industry filled with age discrimination.

Many of us find ourselves stuck in routines and struggle to break out of our comfort zones, myself included. It wasn't until I got sick and tired of being sick and tired of waiting for someone to save the day, I dug in deep and began to make the change to turn my life around for myself. I no longer needed permission to have the life I desired.

My book/workbook, "Being Bigger, Badder, Bolder, Better," is about my journey and the steps I took, which others can also take, to rewrite their life's story. It doesn't matter when you start – as long as you're breathing, you can embrace a new version of yourself.

NOW ON KINDLE & PAPERBACK

Scan or tap to order on Amazon

BEING *BIGGER BADDER BOLDER BETTER*

SALON TALK LIVE

Step Into Your Future. Speak It Into Reality.

An interactive, talk-show-style experience where bold dreamers take center stage.





"At my age, I gave up hope of pursuing my dreams, but after attending your workshop, I now have a plan and have put my new business in motion." - *KAREN G.*







This isn't just a conversation—it's a living affirmation. A bold statement that says: *This is who I am. This is the life I've claimed. And I'm standing in it today.*

TARGET AUDIENCE

* Those who desire change
* Multi-generational dreamers
* Midlife Reinventors
* Creatives at a Crossroads
* Dreamers with lost dreams



BOOK TERRAH TO SPEAK

SIGNATURE TALKS & WORKSHOPS

1. Being Bigger, Badder, Bolder, Better: Redesign Your Blueprint, Rewrite Your Script

An interactive workshop built on the 3 acts of Terrah's book/workbook.

2. Salon Talk Live

An interactive, talk-show-style experience where bold dreamers take center stage.

3. Never Too Late: Reinvention in an Age-Obsessed Industry

Her journey as a multi-hyphenate, and how she made shifts in her life in an industry filled with age discrimination.

FORMATS

Keynote • Interactive Workshop
Panel/Moderator • Virtual



AUDIENCES

Those who desire change
Multi-generational dreamers
Midlife Reinventors
Creatives at a Crossroads
Dreamers with lost dreams

BOOKING

terrah.reclaimhaven@gmail.com

WHAT PEOPLE SAY

“At my age, I gave up hope of pursuing my dreams, but after attending your workshop, I now have a plan and have put my new business in motion.”

- KAREN G.

“The Being Bigger Badder Bolder Better, Rewrite Your Script workshop was the reason I now run a successful nonprofit organization. Until I took that workshop, I was afraid to jump, but by the time I was done I was ready, and I have not stopped yet.”

- DANETTE BATISTE

BIO

Terrah, a native New Yorker, has enjoyed a rich and multifaceted career in the entertainment industry. She is currently a Partner and Chief Content Officer of the global production company Inyani Co. An award-winning director, producer, writer, and actress, she oversees multiple projects at Inyani. She made her directorial debut with the feature film *Flip the Script* and recently completed directing the award-winning film *The Next Girl.* She is currently producing and directing a feature film and a new series *Blu*, and also co-executive produced, co-wrote, and stars in *The Wright Turn*, an eight-episode TV series.



BIO CONT'D

Additional behind the camera credits include; Directing and producing, *Heart and Soul of a Champion*, a docu series featuring former athletes; *After Midnight*, a talk show featuring well-known comedians; *The Los Angeles Bakers*, a feature film she directed and co-produced, releasing November 3, 2026; and *Sleeping with Strangers*, a television pilot. She is also scheduled to direct the romantic comedy, *My Perfect Christmas*. Terrah has over fifteen stage directing and producing credits, including the critically lauded musical *Dick and Don's Fabulous 60's Rock and Soul Spectacular*, an *L.A. Times* Critics Pick, which she also created. Additionally, she directed the riveting musical *This Is My Story, This Is My Song*, a semi-autobiographical production based on the life of recording artist Brenda Lee Eager.



BIO CONT'D

Terrah dusted off the cobwebs of her first love, acting and singing and was cast in recurring roles on the new CBS series, 68 WHISKEY, BOSCH (Amazon), and GAMES PEOPLE PLAY (BET). Some of her previous TV credits include; guest starring roles on (Fox) 9-1-1, (LifeTime) movie "EVIL DOCTOR," E.R., Co-host of a Fox Television talk show entitled, "ALL ABOUT YOU", a recurring role on "GENERAL HOSPITAL" and a host of others. Terrah's stage credits include; the LA Premiere play B.R.O.K.E.N. Code B.I.R.D. Switching, Broadway, in such musicals as "RUNAWAYS," as well as the Los Angeles premiere of "SIGNATURE," by Pulitzer Prize winning writer Beth Henley, to name a few. Terrah is also an accomplished singer/ songwriter having toured as one of three singers in the Billboard top 40's charting, RCA's pop recording group "ALTITUDE". Also an ASCAP songwriter, several of her songs have been recorded by music artists, as well as featured on soundtracks for both film and television.

Terrah continues to give back as a mentor and coach, steering up-and-coming artists and individuals in the right direction. What makes Terrah a great coach, is how she leverages her talents and experience as an actress, singer, dancer, and industry director and executive to mentor numerous emerging actors music artists, and the everyday dreamers.

NOTABLE CAREER HIGHLIGHTS



* Becoming CCO of Inyani Co.

* Performance on Soul Train and blushing as Don Cornelius flirts.

* My first series regular lead role on the spin-off of the Facts Of Life.

* Co-host on a Fox network Talk Show.

* My first Broadway Show.

* Co-producing, writing, and starring in my own TV series.

* New western comedy movie, how we did it.



The Wright-Turn

Television Series

Watch Trailer



Terrah Bennett Smith

Award winning Actress, Director, Producer & Writer

IMDB:Terrahbennettsmith
IG/FB:terrahbennettsmith

LINKS

Directing Reel

Acting Reel

Sizzle Snippet

Workshop

Host Reel

Trailer

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